

EQUIPMENT:

- Helmet
- Harness
- Rock Shoes
- Quickdraws
- Traditional Gear (if required)
 - Cams
 - Nuts
 - Pitons
 - Hexes
 - Nut Tool
- Chalk Bag
- 4 Locking Carabiners
- 4 Non-Locking Carabiners
- ATC or Grigri Belay Device
- White Athletic Tape (for fingers)
- Rope
- Rope Bag or Tarp
- Prussiks 3 X 5 meters X 6mm (10kn min)
- Prussik 1 X 1.5 meters X 6mm (10kn min)
- 2 Double Length Sewn Slings 120cm
- Guidebook
- Rappel Tat (for beefing up anchors)
- Daypack ~30L.
- Maillon or Quickling (rated for live load!)

CLOTHING:

- Socks (wool blend is best. no cotton!)
- Base Layer
- Mid Layer
- Long Underwear Bottoms
- Softshell Pants
- Softshell Jacket
- Gore Tex Jacket
- Gore Tex Pants
- Warm Hat or Buff (must fit under helmet)
- Sun Hat / Ball Cap
- Gloves (light and medium weight)
- Down or Synthetic Insulated Jacket

OTHER GEAR:

- Lunch
- Waterbottle
- Sunglasses + Spares
- Sunblock and Lip Cream
- Knife
- Visa or Emergency Cash

EMERGENCY RESPONSE:

- Cloud Nine Guides Emergency Phone List (Download in Resources Page)
- Communication Device
 - Radio
 - Sattelite Phone
 - SPOT Device
 - PLB
 - Cell Phone
- First Aid Kit
 - Ensure you are able to splint fractures and control major bleeding, the two most common injuries types you will see.
- Emergency Bivi Tarp (8X12 Sill Tarp)

**THIS CHECKLIST IS MEANT TO BE A
REMINDER OF ESSENTIAL ITEMS.**